

Report to: South Kent Coast Health and Wellbeing Board

Date: 17th May 2016

From: South Kent Coast Local Children's Partnership Group, Chairs: Cllr Sue Chandler (DDC) and Cllr Jenny Hollingsbee (SDC)

The Purpose and Remit of the South Kent Coast Local Children's Partnership Group (SKC LCPG)

The purpose and Terms of Reference of the Group has been identified through a blueprint set by KCC for each LCPG. In all other areas in Kent the LCPGs have been re-established on District Council boundaries, however, in South Kent Coast the group and wider network has already been established and works well, it has therefore been agreed to continue on the CCG boundary of South Kent Coast.

The purpose is to provide a consistent approach to partnership working and provide a connection between countywide strategic bodies and those working with children and young people at a local level.

The LCPGs' primary purpose is to drive improvement in specific outcomes for local children and young people.

The remit of the Group includes:

- To support the development and delivery of the Kent Wide Children and Young People's Plan and establish local outcomes and indicators
- Drive local activity focused on meeting the local outcomes and indicators
- Use local data and intelligence to support the SKC HWBB and the County-wide 0-25 Children's HWBB
- Provide a vehicle for identifying and addressing local needs and gaps in service provision
- Establish sub-groups where appropriate for task and finish projects to support the outcomes
- Facilitate and pool resources to meet the needs of local children and families

The LCPG reports to the SKC HWBB and the County-wide 0-25 Children's HWBB, through the LCPG Chairs Group (of which each LCPG Chair is a member). There are safeguarding leads on all LCPGs and these representatives also feed into the LCPG Safeguarding Group.

The Work of the SKC LCPG

The work of the Group (bringing together a number of partner organisations including Kent County Council, Health, District Councils, Police, voluntary groups) is firmly focused on delivering measurable improvements in the priority outcomes set out in the Children and Young People's Plan (CYPP), which is the single, strategic, overarching plan for all services affecting children and young people across Kent. The CYPP is expected to be published mid-June and the priority outcomes are detailed below:

GROW UP IN SAFE FAMILIES & COMMUNITIES	1 Children on a Child Protection Plan 2 Children in Care (exc. UASC) 3 Missing Children 4 Early Help Notifications 5 Domestic Abuse Notifications
HAVE GOOD PHYSICAL, MENTAL & EMOTIONAL HEALTH	6A Excess Weight (Reception) 6B Excess Weight (Year 6) 7 Breastfeeding (Initiation) 8 Self-Harm Related Hospital Admissions 9 Early Help Notifications about Mental Health
LEARN & HAVE OPPORTUNITIES TO ACHIEVE THROUGHOUT THEIR LIVES	10 Early Years Foundation Stage Profile 11 Reading, Writing & Maths at Key Stage 2 12 GCSEs (5 A*-C including Maths & English) 13 Young People not in Education, Employment or Training 14A Persistent School Absence (Primary) 14B Persistent School Absence (Secondary)
MAKE SAFE & POSITIVE DECISIONS	15 Drug and Alcohol Related Hospital Admissions 16 First Time Entry to the Youth Justice System 17 Teenage Conception

Aligned to the 4 County CYPP outcomes, the SKC LCPG has identified the following five priorities for the Shepway District:

- To reduce obesity in 0-25
- To improve dental health in under 5's
- To increase breast-feeding rates
- To improve perinatal mental health
- To reduce the rates of smoking in pregnancy

The SKC LCPG is scheduled to meet six times this year and will work with partners to understand the existing position in relation to the above priorities; plan activity to drive improvement; and regularly monitor and track progress across all of the CYPP outcomes. Three of the SKC LCPG meetings will be themed network events based around a specific priority and with wider involvement of partners. The theme for the next network event is children's emotional health and wellbeing and this is scheduled to take place at the Shepway District Council offices at Castle Hill Avenue, Folkestone on 20th October from 2 – 5pm. If you would like attend this event and/or be added to the circulation list to receive notifications

of future events and minutes of core meetings please contact Luke Davies via Luke.Davies@kent.gov.uk .

The LCPG has already agreed the following actions:

1. Identify trends over the last 3 years against the priorities to ensure added value outcomes and indicators
2. Identify current commissioned services in SKC
3. Understand if existing targets are being met/contracts performance managed – what works well/gap analysis
4. Identify service provision/projects required to meet outcomes and explore best practice – supporting integrated delivery
5. Monitor, measure, evaluate service provision against outcomes and targets
6. Ensure information is shared with the 4 GP practices outside the SKC CCG boundary

The following Sub- Groups have been established:

- Service and Contract Review: Acute and Community Services Commissioners looking at co-dependencies and where services are best placed and what is already being commissioned.
- Children and Young People’s Integration with Primary Care
- Early Years Task and Finish Group
- Town and Pier Healthy Weight Sub-Group

Award of Project Grants 2016/17

The SKC LCPG has awarded grants for delivery of the following projects in the **Shepway District** during the current financial year, which we hope will have a positive impact on children and young people in the local area:

Organisation name	Project Summary	Referral Route
Gillingham FC	<p>Shape Up Engaging young people who are at risk of becoming, or who have already become disengaged with mainstream services and are therefore vulnerable to exhibiting negative behaviour.</p> <p>The project involves young people in sports, education, dance and expressive arts sessions.</p> <p>The age range for the project is 10 and 15 years and each group will be engaged in a 6 to 8 week programme.</p>	<p>Via schools and other statutory or community groups;</p> <p>Criteria will be based on weight, risk-taking behaviour and other relative variables to ensure participants are from the target groups.</p>
Imago	<p>SAFE Mental Health Awareness</p> <p>SAFE is a “universal” offer designed to involve a wide range of young people to</p>	Via secondary schools

Organisation name	Project Summary	Referral Route
	<p>promote the health and wellbeing of young people (YP), especially in relation to mental health and suicide.</p> <p>The intention is to work with large numbers of young people and take a preventative approach by identifying young people with mental health issues who have not yet been referred to services, before expensive crisis intervention is required.</p> <p>The project will involve baseline surveys and delivery of appropriate PHSE modules and whole school assemblies.</p>	
Young Kent	<p>RU Ok?</p> <p>The project seeks to explore and demystify the subject of mental and emotional wellbeing in a non-threatening way through delivery of workshops. These will enable young people to recognise a range of causes and triggers and then empower them to develop their resilience and the ability to take positive action for themselves or on behalf of others.</p> <p>The project will commence in June 2016 and the age range is 11 – 25 years.</p>	<p>Via youth clubs and other extracurricular activities</p> <p>Targeted delivery to specialist youth support agencies (homeless hostels, young offender support services, substance abuse support agencies etc).</p>
Salus	<p>Nurture Group provision</p> <p>The core aim of the programme is to improve the emotional wellbeing of KS1 and 2 children, who are recognised as vulnerable to future school exclusion, to ensure they succeed in their school setting.</p> <p>This project is continuation of the provision currently available to schools in the Hythe hub (Hythe Bay, Saltwood, Palmars, St Augustines, Sellindge and Lympne) and extension of the offer to incorporate a minimum of 20 schools in the wider Shepway area.</p>	<p>Via primary schools</p> <p>A steering group of head teachers coordinate access to this service and also prioritise allocation of support to schools.</p>
Fegans	<p>Fegans Early Help Project 2016 – Counselling Support</p> <p>The aims of this project are to address issues relating to children and young people’s emotional health through provision of counselling support for children and young people, particularly where there are</p>	<p>Cases already open to EH and SCS;</p> <p>Applications via KCC Step Down Panel</p>

Organisation name	Project Summary	Referral Route
	potential gaps in provision and where waiting lists are long such as to CAMHS or other referral services.	

The following projects were awarded funding in the **Dover District**:

Organisation name	Project Summary	Referral Route
Cinque Ports Community Kitchen	<p>Keen2Cook for Families</p> <p>The programme will provide “Healthy cooking on a budget” short courses for disadvantaged families. Teaching parents and children essential healthy home cooking skills and knowledge to give them skills, knowledge and inspiration to switch to a healthier diet. Learning simple, appetising child-friendly dishes. Families will attend the fully equipped teaching kitchen to cook and then dine together.</p> <p>Hold 16 hands-on cookery sessions. 6 families will each attend 4 courses (over 4 weeks) and this will be run 4 times. Reaching 24 families in total.</p>	<p>Local schools will identify participant families on low incomes whose children are at risk of poor nutrition and/or obesity. Starting in May.</p> <p>4 Schools identified as: Sandown Primary School, Warden House Primary School, St Mary’s RC Primary School and Hornbeam Primary School in Deal.</p>
Imago	<p>SAFE Mental Health Awareness</p> <p>SAFE is a “universal” offer designed to involve a wide range of young people to promote the health and wellbeing of young people (YP), especially in relation to mental health and suicide.</p> <p>The intention is to work with large numbers of young people and take a preventative approach by identifying young people with mental health issues who have not yet been referred to services, before expensive crisis intervention is required.</p> <p>The project will involve baseline surveys and delivery of appropriate PHSE modules and whole school assemblies. 20 x 1hr sessions to 5 Schools (100 per year) to groups of 30 YP (about 600 students in each school).</p>	<p>Delivered to 5 dover secondary schools (identified and agreed by EHPS and Imago):</p> <ol style="list-style-type: none"> 1. Astor College 2. St Edmunds 3. Dover Christchurch academy 4. Dover Boys Grammar 5. Dover Girls Grammar <p>Starting in May.</p>
Brogdale CIC	Bridging a gap	Referrals to be identified through

Organisation name	Project Summary	Referral Route
	<p>Deliver a programme of outdoor learning where young people will gain positive health benefits both emotionally and in their physical health. Young people will learn about nature, how to grow their own food, how to get fun positive exercise and learn about healthy eating. Through a mentoring and nurturing approach young people will gain self-esteem, become more able to cope and take better care of themselves.</p> <p>Working with young people up to 18 years who are not so well suited to the classroom environment to help them recognise their abilities and opportunities in an outdoor environment. Work with a minimum of 6 young people (max 10-12) 2 days a week for a term at a time (2 terms over 6 months) = 72 young people in total across Primary and Secondary Schools.</p>	<p>Dover LIFT process.</p> <p>Initial focus on 2 primaries where transition is likely to be a challenge. Programme preferably to start in Term 6.</p>
Salus	<p>Improving Resilience Project</p> <p>The project aims to improve the emotional health, well-being and resilience of children and school communities. Made available to children and young people (8 – 16 years) and their families in schools and alternative settings. It will be targeted at groups less likely to develop positive resilience and have lower protective factors, including those at risk of exclusion, not in education, low self-esteem, socially isolated and young carers etc.</p> <p>Core elements include: 1) The FRIENDS programme – asset focused programme, flexibly run to suit classes, small groups or individuals. Using behavioural, physiological and cognitive strategies to teach children practical skills to identify and manage their feelings and how to face challenges. 2) Mentoring – building on this and the FRIENDS programme to practice and embed their new skills. 3) Engagement of parents – ensuring parents/carers understand the purpose of the programme and are empowered to practically support their child.</p> <p>Work 1-1 with 6-8 young people per programme x 3 terms = 12-18 total. 10</p>	<p>Referrals through Early Help Allocation process (inc GP referrals and step downs) – those young people presenting with anxiety and low level depression (not eligible for CAMHS/YHMs).</p> <p>Due to start in May.</p>

Organisation name	Project Summary	Referral Route
	<p>sessions over 3 months (weekly sessions usually). Plus 3 months follow-on (6 month total support).</p>	
Betteshanger Junior Parkrun	<p>Betteshanger Junior Parkrun</p> <p>The parkrun community organise free, weekly, 5km (2km for juniors) timed runs in hundreds of venues around the world. These events are open to everyone, free, and are safe and easy to take part in. The aim of a junior parkrun is to improve opportunities for children to take part in regular physical activity across the UK. A junior parkrun consists of a timed weekly 2k run for all children aged from 4 – 14yrs of age.</p>	<p>Proposed start date of 29 May.</p> <p>Open to all.</p>

Cllr Sue Chandler and Cllr Jenny Hollingsbee